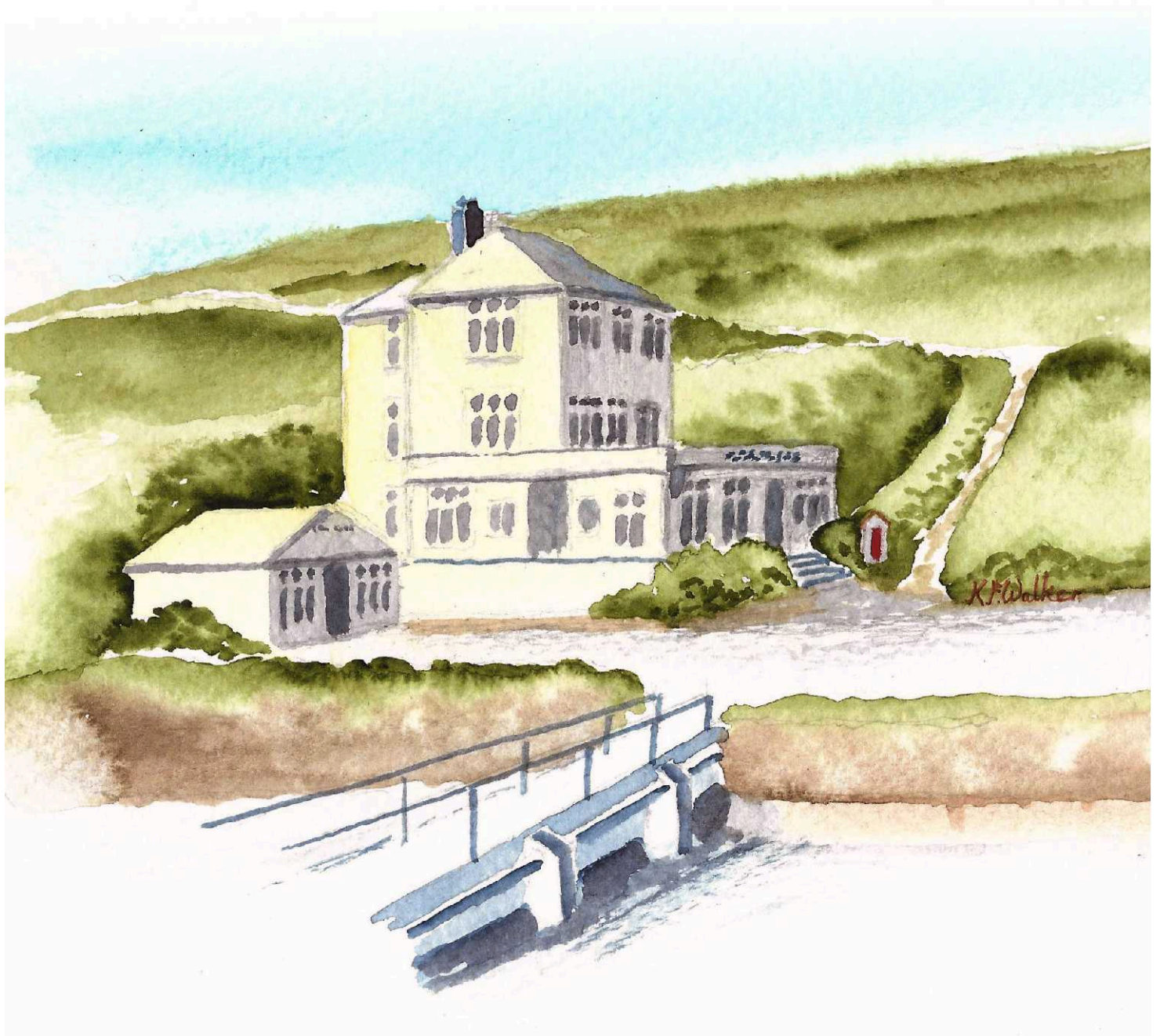




THE
MERRYMOOR INN

1961



Lunch Menu

Light Bite's & Tapas

CHEFS SOUP OF THE DAY	£5.25
HUMMUS With toasted Baguette slices	£4.00
MIXED OLIVES	£4.25
SHARING PLATTER Cured meats, sundried tomatoes, olives, breads & oils or Mixed cheeses, sundried tomatoes, hummus, olives, breads & oils	£13.00
LOADED CHIPS Chunky Chips topped with; ① Bean Chilli, Todays Curry, BBQ Pulled Pork & Cheese	£6.95

Sides

SIDE SALAD	£3.00
BEER BATTERED ONION RINGS	£3.50
GARLIC BREAD	£3.25
GARLIC BREAD WITH CHEESE	£3.75
① CHIPS WITH MOZZARELLA & SALSA	£4.95
CHIPS WITH CHEESE	£3.50
CHIPS	£2.50

Sandwiches

SANDWICHES Beef & Horseradish Mature Cheddar & Chutney Smoked Salmon & Cream Cheese Home Cooked Honey Roast Ham & Whole grain Mustard	Hand Cut Bloomer Bread from the Chough Bakery (Malthouse or White) , Side Salad & Crisps	£5.95
CHEFS FISH FINGER SANDWICH	Our own home made beer battered fish goujons Hand cut white bloomer bread, baby gem lettuce, sliced tomato & Mayo.	£7.25
OPEN GRIDDLED STEAK SANDWICH	Griddled Steak, toasted malthouse bloomer, mixed leaf, sunblushed tomato, red onion & balsamic vinegar	£7.95

House Salads

A generous portion of mixed leaf, sun blush tomato, olive, cucumber, red onion & croutons	
Chargrilled Chicken	£8.25
Dressed Crab when available, market price	
① Chargrilled Goats Cheese	£8.25
① Garlic Mushroom & Potato	£8.25

Ploughmans & Quiche

CHEFS HOME MADE QUICHE With salad, coleslaw, chips or new potatoes (see server for details)	£9.95
Cornish Cheese Ploughmans Trio of Cornish cheese, crusty bread, pickles, chutney & side salad	£8.95
The Merry Moor Ploughmans Cornish cheese, cold meat, cocktail pasty, crusty bread, pickles, chutney & side salad	£10.95

Merry Moor Classics

BEER BATTERED HADDOCK	Our own Doombar battered haddock, served with chips & crushed minted peas	£11.25
WHOLE TAIL BREADED SCAMPI	Chips, coleslaw & salad	£10.95
CHEFS GLAZED HAM, EGGS & CHIPS	Our own honey glazed ham, with 2 free range eggs & chips	£9.00
① MIXED BEAN CHILLI WITH RICE	A mix of beans cooked with garlic, diced peppers, celery, fresh coriander & tomato with basmati rice & natural yoghurt	£8.95
① PASTA PESTO WITH ROAST PEPPERS	Pasta with our own home made vegetarian pesto style sauce with roast peppers served with garlic bread & salad	£8.95
PASTA PESTO WITH CHICKEN BREAST	Pasta with our own home made vegetarian pesto style sauce with roast peppers & chicken breast served with garlic bread & salad	£10.95

Merrymoor Burgers

Our own home made burgers served on a toasted bun, with baby gem lettuce, sliced beef tomato & red onion with chips

HOUSE BURGER WITH CHEESE		£9.50
HOUSE BURGER WITH CHEESE & BACON		£11.00
JOHNS FLAMING HOT BURGER	With bacon, cheese, johns hot sauce, & jalapenos	£11.50
THE DIRT BAG BURGER	With bacon, cheese, pulled pork , coleslaw, BBQ sauce	£12.50
CHARGRILLED CHICKEN BURGER	Plain chargrilled chicken	£11.50
BLACK & BLUE BURGER	House Burger or Chicken Breast, topped with a Flat Mushroom, Bacon & Cornish Blue Cheese	£11.50
⑦ HALLOUMI & MUSHROOM BURGER	Halloumi & Mushroom Burger grilled halloumi and flat mushroom, hummus, tomato, onion & dressed leaf in a toasted bun with chips	£9.95

Childrens Menu

TOT'S TAPAS	Mild cheddar chunks, carrot sticks, cucumber, grapes, & bread slices	£3.00	
TOT'S SANDWICH	Cheese, ham or jam served with crisps	£3.00	
PASTA	Served with either our own home made pesto or tomato sauce & cheese	£5.00	
The following options can be served with chips, potatoes or rice Plus fresh vegetables / peas / baked beans / salad			
Grilled Chicken	Beef Burger	Battered Fish	£5.00
Grilled Fish	Sausages	Scampi	
Ham & Egg	Cocktail Pasty		

Most of our Main Meals can be served as a child's meal. Please ask your server for details

Childrens Desserts

ICE CREAM	£2.50
1/2 PORTION OF CHOCOLATE BROWNIE & ICE CREAM	£2.50
FRUIT SALAD	£2.50

Desserts

SEE SPECIALS BOARD FOR OUR FEATURED DESSERTS

Our Specials Boards Change Twice Daily
For Chefs Specials & Desserts See our Boards & Ask Your Server

If you require confirmation of the presence of allergens before making your food choice, please ask our team who will be happy to help

At The Merrymoor our team of Chefs, led by Head Chef John Fish, pride themselves on using fresh ingredients from local suppliers to create great, fresh food

We are pleased to use local suppliers, including ; Callestick Farm Ice Cream, Matthew Stevens Fish, Kernow Sausage Company, Chough Bakery, M.Yates & Sons, Newquay Fruit Sales, Roddas Cream, Ray Davies, Cornish Coffee,

Bed and Breakfast Accommodation at The Merrymoor



The Merrymoor offers seven en-suite rooms on a bed and breakfast basis, most benefiting from dramatic views of the beach and cliffs beyond.

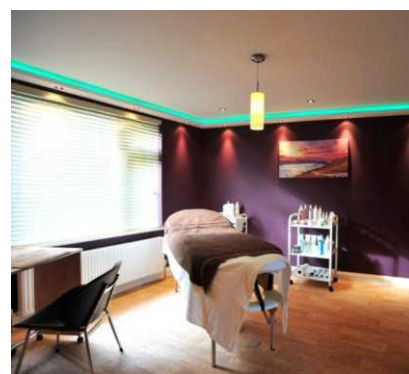
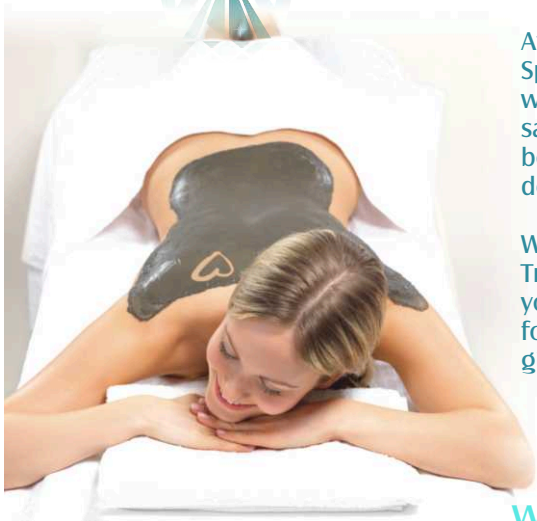
The rooms are tastefully furnished in a contemporary style and the accommodation benefits from full central heating so that you can enjoy Cornwall at its best, even during the cooler months. Wi Fi is available in all rooms



Opening Hours
Tuesday, Thursday, Friday & Saturday 10am - 5pm
For booking please see reception or ring the salon
01637 860267

At Emerald we pride ourselves on using Spa Find natural products from the sea which utilise the natural powers of mud, salt and seaweed to tone and firm the body and face, ease muscle tension and deeply relax the body and mind.

We also offer nail treatments, waxing, St. Tropez tanning and eye treatments. If you're looking for total relaxation, ready for the beach, or a night out. Pop in or give us a call.



01637 860267
www.emeraldbeauty.co.uk

The Merrymoor Inn, Mawgan Porth, Nr Newquay, Cornwall, TR8 4BA

TEL: 01637 860258
www.merrymoorinn.com